



WOMEN AND GIRLS SPORT AND RECREATION CHECKLIST

How well does your organisation support the participation of women and girls?

Use this checklist to review how well your organisation supports the participation of women and girls. The checklist and supporting resources aim to positively influence female participation through best practice female-friendly strategies for places and spaces, programs and services, and organisational practices. Once you know where the gaps are, you can begin to make changes.

Yes No N/A

Places and spaces

Do you have lighting in appropriate activity spaces, walkways and car parks so female members are safe?

Do you make sure that female members are able to leave your venue safely, particularly at night?

Do your facilities cater for female members and non-members (e.g. separate change rooms for males and females)?

Does your facility cater for family needs (e.g. child care, parents' room and safe play options for children)?

Do you seek feedback from your female members and non-members to identify what appeals to them and how you could improve facilities to better support the participation of females?

Yes No N/A

Programs and services

Have you consulted on the needs of women and girls during the development of your activity timetables and schedules?

Do you encourage training and support for females to become qualified instructors, officials and leaders?

Do your services cater for female members and non-members?

Do you cater for varying cultural needs of women and girls?





Yes No N/A

Programs and services

Do you provide equipment appropriate for female participation?

Do you provide clothing/uniforms that are suitable for females?

Yes No N/A

Organisational practices

Do you provide a structured process for female members to provide feedback?

Do you encourage and support female members to play an active role in the organisation via leadership roles, decision making opportunities and volunteering?

Do you implement and monitor policies, procedures and training to discourage and address discrimination, including against females?

Do you implement and monitor policies, procedures and training to appropriately provide for minors, including for girls?

Do you collect female membership data to identify how your club is tracking with recruiting and retaining female members?

Do you promote and celebrate opportunities and achievements of female participants, officials, administrators and volunteers?

Do images used in your publications and resources appropriately illustrate female participation?

What now?

Once you have identified the gaps or the areas where your organisation needs to improve, develop a plan of action and work with your committee and members to make it happen. Sport and Recreation Services provides loads of information and resources on our website at www.npsr.qld.gov.au.